

# Phonak Lyric™



## Phonak Lyric – your guide to better hearing

A Sonova brand

**PHONAK**  
life is on



Size comparison

- **100% invisible**
- **24/7 hearing**
- **Hassle-free**
- **Tinnitus relief, night and day**

## General Information

### What is Lyric hearing?

Lyric is the only 100% invisible extended wear hearing aid that is worn 24 hours a day, seven days a week, for up to several months at a time.<sup>1</sup> Unlike many other hearing aids, Lyric is positioned completely inside the ear canal, and it uses the ear's anatomy to provide natural sound quality. Studies have found that 93% of Lyric wearers said it improves their quality of life.<sup>2</sup>

### What are the outstanding characteristics of Lyric?

#### Completely invisible

- Lyric is placed deep in the ear canal and is completely invisible.
- Only you will know why you are hearing better.

#### Effortless hearing, 24/7

- Lyric can be worn during daily activities, such as exercising, showering<sup>3</sup>, talking on the phone and sleeping.
- There are no batteries to change, no daily maintenance is needed, and no daily insertion or removal is required.

#### Unique deep canal placement

- Lyric is placed deep in the ear canal and delivers natural sound quality in both quiet and noisy environments.
- Lyric uses the anatomy of the ear and the ear canal for a natural perception of sound.

### How does Lyric work?

Lyric is comfortably placed in the ear canal by a Certified Lyric Fitter during a routine clinic visit. No surgery or anesthesia is required. Once placed, Lyric is 100% invisible and is designed to be worn continuously for months at a time. Lyric uses the ear's anatomy to deliver natural sound quality. Lyric will be programmed for your specific hearing needs, and you can adjust the volume of the device as needed.

1 Individual replacement needs may vary. Duration of device battery life varies by patient and is subject to individual ear conditions.

2 Knorr, H. (2021) Lyric consumer survey #4446. For more information contact claims@phonak.com.

3 Lyric is water resistant, not waterproof, and should not be completely submerged in water.



## Daily Life with Lyric

### What does Lyric feel like?

The exterior of Lyric is made of a soft material specifically designed to contour to the ear canal. This soft exterior helps to make Lyric comfortable to wear. After an initial adjustment period (anywhere between 7 and 14 days), most Lyric wearers no longer feel the device in their ear.

### Do I have to return to the clinic each time I need a new Lyric?

You are required to return to your clinic for a 10–15 minute appointment for the replacement. This service is included in your subscription from the location where you initially purchased your Lyric subscription. If needed, Lyric can be replaced at an alternate authorized Lyric location that may charge a small fitting fee.

### Can I use the phone while wearing Lyric?

One of the benefits of Lyric's placement is that it can be worn while talking on a cell phone or home phone. In fact, Lyric can be worn during your daily activities – such as sleeping, showering, exercising and using headphones, similar to those not wearing hearing aids.

### Can I wear headphones or earbuds with my Lyric?

External headphones and external hearing protection can be used. Do not use inserted headsets, ear buds, or earplugs because they may dislodge the Lyric. Earbuds that do not extend into the ear canal are OK to use.

When issues have occasionally been reported with headphones, they have been in Lyric wearers with more shallow depths of insertion and/or straight ear canals, or due to the magnetism of certain headphones.

### Is it possible that my phone is putting my Lyric into SLEEP mode?

The electromagnetism of a phone can trigger the Lyric device to switch into SLEEP mode. If this is a problem, it is recommended to get a foam pad or something similar to place on the phone's receiver to increase the distance between the receiver and the Lyric. Your Certified Lyric Fitter can help you with this.

# Daily Life with Lyric, continued

## Can I swim with Lyric?

Lyric is water resistant, not waterproof. Some Lyric wearers are able to swim while wearing Lyric, but this is highly variable. If swimming while wearing Lyric is important to you, speak with your Certified Lyric Fitter who can help determine how to proceed or if you should try any accommodations.

## If I want to scuba dive or skydive, should my Lyric be taken out first?

Lyric should be removed prior to scuba diving, deep sea diving or skydiving. The pressure changes experienced when performing these activities can potentially cause the Lyric to shift and discomfort, trauma, and/or feedback may occur.

## Can I wear my Lyric on a plane?

Yes. It is safe to fly while wearing Lyric as long as the cabin is pressurized.

## Will Lyric set off a metal detector?

No. Lyric's metal components are generally too small to set off a metal detector or cause any problems through security checks or scans (e.g. at the airport).

## Is there any nickel in my Lyric?

Lyric does not have any nickel components that can come in direct contact with tissue. The SoundLync™ is housed in a container that is nickel-free\*, although the key ring on the SoundLync does still contain nickel. If you have a known nickel allergy, it is recommended to remove the key ring prior to using the SoundLync or to not carry the key ring where it is in direct contact with your skin.

## Is Lyric latex free?

The Lyric hearing aid does not contain natural rubber or natural rubber latex that may cause allergic reactions. Some Lyric components have a small amount of synthetic latex that does not contain any natural rubber or the protein that could create an allergic reaction. In addition, Lyric's seals have passed all tests for cytotoxicity, skin irritation, skin sensitization, and antimicrobial activity.

# Medical Procedures with Lyric

## Will an MRI, X-ray, or CT scan damage Lyric or place the ear at risk?

Lyric must be removed before an MRI. Unlike an MRI, an X-ray or CT scan will not damage or dislodge the hearing aid because a magnet is not used. However, you should inform the physician and/or X-ray/CT technician about the Lyric hearing aid.

## Will radiation to the head damage Lyric or place the ear at risk?

Previous radiation to the head or neck is a contraindication for wearing Lyric. Should you need to undergo radiation to the head or neck after starting a Lyric subscription, your Certified Lyric Fitter will handle the situation on an individual basis.

## Are bone density scans okay?

Yes. There is no magnetism used during bone density scans, CT scans, or X-rays.



\* Some previous versions of the SoundLync contain nickel. Please contact your Certified Lyric Fitter if you need a nickel-free SoundLync.

## Medical Procedures with Lyric, continued

### Are Positron Emission Tomography (PET) scans safe?

PET scanning is safe, as it involves ionizing radiation and no magnetism. However, PET scans are often performed alongside MRIs (see MRI section above).

### I am having surgery under general anesthesia; does Lyric have to be removed?

You are advised to speak with your doctor prior to the surgery to make them aware of Lyric.

### Is wearing Lyric a concern for patients with pacemaker or defibrillator?

Lyric hearing aids will not interfere with the pacemaker. However, the magnet (SoundLync) used to change Lyric settings can affect the pacemaker if placed near the chest. If you have a pacemaker, you should make sure to keep the key ring magnet shielded and carry it in your pants pocket rather than in a shirt pocket.



## Lyric Subscription and Replacement

### What is the life of my Lyric hearing aid?

Lyric is designed to be worn continuously for months at a time (approximately 8–10 weeks) until it stops functioning, meaning there is no amplification. Individual variation in wear-time occurs due to differences in amplification levels and ear canal anatomy.

### Does Lyric warn me when it is starting to fail?

Lyric does not currently have a built-in warning for when it is starting to fail. However, some Lyric wearers have been able to identify weakened performance that indicates the battery is ceasing to function. For Lyric wearers where this is the case, these indications can be helpful in scheduling re-fit appointments.

### Are there any additional costs to wearing Lyric?

Because Lyric is sold on a subscription basis, there is no additional cost for repairs or battery replacement with Lyric. You are guaranteed to have the most advanced Lyric hearing technology currently available, since you will be receiving new Lyric devices throughout the year.

All devices and device replacements conducted at the location you purchased your subscription from are covered in the subscription cost. Should you need to have Lyric replaced at another clinic while traveling, a different provider may charge an office visit fee for that service.

# Technical Information

## What is the frequency range of Lyric?

Lyric operates with a frequency range of 200 to 8000 Hz.

## How is Lyric programmed?

Lyric is programmed by your Certified Lyric Fitter using a wireless programming wand in the clinic, much like other hearing aids are tuned to the specific hearing loss of individuals.

## Is Lyric digital or analog?

Lyric is a programmable analog hearing aid. Lyric is placed deep in the ear canal; the entire hearing aid (microphone and speaker) is placed within 4–6mm of the ear drum. This allows sound to enter the ear naturally, by using the outer part of the ear and the ear canal to direct sound toward the Lyric hearing aid. In addition, the microphone and speaker are surrounded by soft, conformable seals that do not allow sound to escape back out toward the microphone and therefore reduces feedback and occlusion.

## How can the Lyric battery last so much longer than a size 10 for CIC hearing aids?

The Lyric battery is not a typical zinc air battery. Much of the information about it is proprietary, and the battery has several patents. It is actually quite different from anything else in the industry. Also keep in mind that Lyric is analog and doesn't require the same power as a traditional digital aid.

## How long has Lyric been available?

Lyric was first launched commercially in January 2007 in the United States. Prior to commercialization, Lyric was safely used by hundreds of clinical research customers beginning in 2001. Lyric is also available in the following countries: UK, Canada, Australia, Brazil, Switzerland, France, Italy, the Netherlands, Belgium, New Zealand and Germany.

## Can I take out my Lyric hearing aid?

Lyric can be self-removed if necessary. Your SoundLync device includes a built in removal tool.

1. Unlike traditional hearing aids, Lyric is placed deep in the ear canal making it 100% invisible.
2. Lyric delivers a natural hearing experience as sound is processed using analog processing.
3. Lyric uses your natural ear anatomy to localize sound.



## Technical Information, continued

### Can I adjust the volume or settings?

You can control the volume and on/off/sleep settings with the SoundLync adjustment tool. The adjustment tool consists of a special magnet that can attach to a keychain (the SoundLync is not much larger than a key).

### Can Lyric be used for hearing protection?

If hearing protection is needed on a job site or other loud environment, it is recommended to wear over-the-ear hearing protection.

## Medical Issues

### Can ear wax be cleaned from ears while Lyric is in place?

Do not attempt to remove ear wax from the ear canal while Lyric is in place. Do not use cotton swabs. Do not enter your ear canal with any tool. Your Certified Lyric Fitter will advise you on ear wax removal at your replacement visits. Never put anything in the ear canal when Lyric is in place.

### How does ear wax affect the hearing aid?

Lyric has proprietary mechanical and coating technology designed to help protect the hearing aid from moisture and ear wax. When a hearing aid is removed, often much of the accumulated ear wax is removed along with it. When you are fitted with a new hearing aid, your ear is inspected. Remaining wax might have to be cleaned before re-fitting the new Lyric.

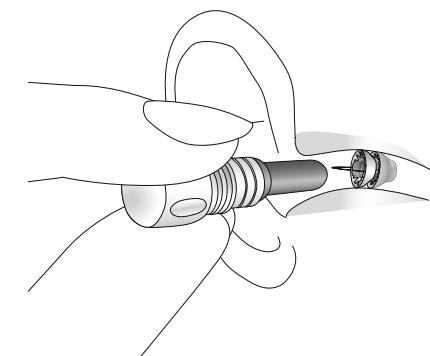
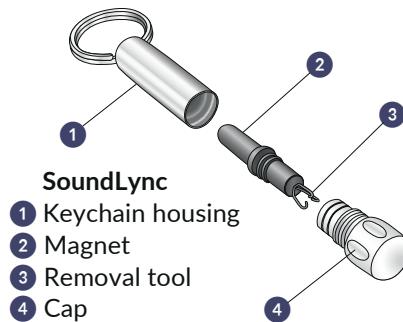
### Is Lyric useful if I experience tinnitus?

Lyric was not designed specifically to alleviate tinnitus. However, many Lyric wearers find relief of their tinnitus while wearing the Lyric hearing aid. In studies with patients with tinnitus, Lyric was shown to provide greater and faster relief for tinnitus symptoms than other forms of amplification, possibly due to the 24/7 usage.<sup>4</sup>

## Tips for Wearing Lyric Successfully

### Changing the Lyric settings using the SoundLync

ON	1 beep (remove)
SLEEP	2 beeps (remove)
OFF	2 beeps (hold), 4 beeps
VOLUME	2 beeps (remove magnet for two seconds), 1 beep (hold). Volume will start to increase in 1 step increments and continue until SoundLync is removed at desired volume. Maximum setting = double beep



### Precautions

Observing these precautions will help to prevent discomfort, injury and device malfunction:

- No scuba diving or sky diving.
- Avoid magnetic interference (e.g. MRI)
- Do not place unshielded SoundLync in proximity to a pacemaker (shirt pocket).
- It is recommended to adjust sleeping position to minimize direct pressure on ears while the Lyric is in the initial adjustment phase.
- If ears are itchy, gently massage the side of the face around the ear.

<sup>4</sup> Biggins A, Power D, (November 2021) Reducing Tinnitus with hearing aids: Does Phonak Lyric offer a more effective option? Phonak Field Study News retrieved from <https://www.phonakpro.com/com/en/resources/information-forms/evidence/Library.html>

# Tips for Wearing Lyric Successfully, continued

## What to do in case of slight discomfort

Wearing Lyric might require adaptation time. This may include annoyance or slight discomfort during the first days or up to two weeks.

If you are experiencing awareness, annoyance or slight discomfort during the first two weeks after the fitting, Lyric should not be removed. Experience has shown that these sensations usually go away after the adaptation phase.

If your discomfort escalates to any sort of pain, the device needs to be removed immediately. If possible, the removal should be done by your Certified Lyric Fitter to have the ear examined after the removal. This helps to identify pressure marks in the ear canal and improve the placement when a device is refitted. If there is trauma or pressure marks, the ear may need to rest before the device is refitted.

Please be aware that rest time can vary depending on the type of abrasion and can range from one to four weeks. If you cannot get to your Certified Lyric Fitter quickly, you or a family member should remove the device. If the device proves tight or difficult to remove, soak the Lyric with mineral oil or baby oil and wait for 10 minutes. This helps to break the seal.

## NEVER REMOVE IN HASTE!

# Tips for Wearing Lyric Successfully, continued

## When Lyric should be removed

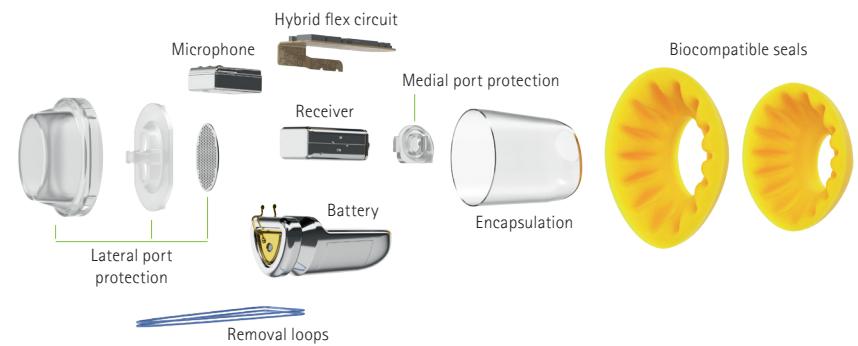
Lyric has to be removed when having a MRI, scuba diving, skydiving, significant pain develops or the device stops working. If the device stops working it must be removed within 24 hours. The Lyric will act as an ear plug.

## How to self-remove the device

The device is self-removed using the removal tool that is built into the SoundLync. Slowly and gently insert the removal tool into the ear canal until it slightly touches Lyric. Engage the removal loop and gently remove the hearing aid using a gradual circular motion. Do not push on Lyric when removing it. Do not put Lyric back in the ear. Please refer to the user guide that will provide step by step removal instructions.

## Follow-up appointment and re-fit schedule

Your Certified Lyric Fitter will guide you in their process for the first few weeks until you are seen for follow-up. However, if your battery fails before your follow-up, please call immediately for a re-fit and write down the date to track for the next re-fit appointment.



Visit the Lyric product support page on [www.phonak-us.com](http://www.phonak-us.com) for more helpful information and video tutorials for Lyric wearers.

**Congratulations on choosing Phonak Lyric to be part of your journey to better hearing.**

# life is on

At Phonak, we believe that well-hearing equates to well-being and is essential to living life to the fullest. For more than 70 years, we have remained passionate about creating a world where 'life is on' for everyone. Our innovative hearing solutions are designed for people of all ages and all degrees of hearing loss, to connect socially, thrive mentally and emotionally.

[www.phonak-us.com/lyric](http://www.phonak-us.com/lyric)

