

Discover the joy of hearing well

Well-Hearing is Well-Being

When we hear well, we are well equipped to embrace the life we want. Evidence shows a positive impact on your social-emotional, cognitive and physical well-being.¹



Social-Emotional

Hearing well fosters easier engagement and stronger connections to your loved ones.



Cognitive

Hearing well supports your cognitive fitness.²



Physical

Hearing well enables you to live a more active and healthy lifestyle.

Learn more about how to improve your well-being:
phonak.com/well-hearing

¹ Vercammen, C., Ferguson, M., Kramer, S.E., et al. (2020). Well-Hearing is Well-Being. *Hearing Review*, 27(3), 18-22
² Karawani, H., Jenkins, K., & Anderson, S. (2018). Restoration of sensory input may improve cognitive and neural function. *Neuropsychologia*, 114, 203-213.