Key findings about hearing loss in the working life: a scoping review from a well-being perspective

- Low social support
- Limited opportunities for growth
- Psychological strain
- Stress

People with hearing loss may be more vulnerable to these circumstances!

A review of the impact of hearing loss on the defining factors of work place well-being

- How workers feel about their work
- The climate at work

Methodology

- 205 articles chosen from 4 databases
- 53 papers selected for scoping review

Key findings

Individual aspects

- Perceived problems at work:
  - Inability to complete work / errors due to misunderstandings
  - Imbalance between work demands and

- Strategies to manage working life:
  - Asking for repetition
  - Using email instead of phone

- Health in relation to working life:
  - Commonly report anxiety, insomnia, fatigue, headaches, pain

- Cochlear implants and working life:
  - Overall positive

Work environment

- Physical environment:
  - Difficulty hearing in noise increases odds of sick leave

- Social environment:
  - Support and acceptance from colleagues / managers positively

- Organizational environment:
  - Accommodations difficult to obtain in workplace

Employment status

- More likely
  - To be unemployed / partly employed
  - To have frequent sick leave due to stress related complaints

Considerations for practice

- It is important for hearing care professionals to understand hearing loss can impact various factors of well-being in the workplace.
- More research is needed on the interactions between the labor market and the work situation to fully understand the impact of hearing loss in working life.