

Key findings about hearing loss in the working life: a scoping review from a well-being perspective*

- Low social support
- Limited opportunities for growth



- Psychological strain
- Stress



People with hearing loss may be more vulnerable to these circumstances!



A review of the impact of hearing loss on the defining factors of work place well-being

- ▶ how workers feel about their work
- ▶ the climate at work



205 articles chosen from 4 databases



53 papers selected for scoping review



Key findings



Individual aspects

Perceived problems at work:

- inability to complete work / errors due to misunderstandings
- imbalance between work demands and

Strategies to manage working life:

- asking for repetition
- using email instead of phone

Health in relation to working life:

- commonly report anxiety, insomnia, fatigue, headaches pain

Cochlear implants and working life:

- overall positive



Work environment

Physical environment:

- difficulty hearing in noise increases odds of sick leave

Social environment:

- support and acceptance from colleagues / managers positively

Organizational environment:

- accommodations difficult to obtain in workplace



Employment status

More likely

- to be unemployed / partly employed
- to have frequent sick leave due to stress related complaints

Considerations for practice

- It is important for hearing care professionals to understand **hearing loss can impact various factors of well-being in the workplace.**
- **More research is needed** on the interactions between the labor market and the work situation to fully understand the impact of hearing loss in working life.



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