# Key findings about hearing loss in the working life: a scoping review from a well-being perspective<sup>\*</sup>

 Psychological strain ocial-Emotional Low social support • Limited opportunities for growth Stress People with hearing loss may be more vulnerable to these circumstances! A review of the impact of hearing loss on the defining factors of work place well-being how workers feel about their work the climate at work Methodology 205 articles chosen 53 papers selected

# **Key findings**

### Individual aspects

from 4 databases

Perceived problems at work:

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- inability to complete work / errors due to misunderstandings
- imbalance between work demands and

Strategies to manage working life:

- asking for repetition
- using email instead
- of phone

to working life:

Health in relation

 commonly report anxiety, insomnia, fatigue, headaches pain

Cochlear implants and working life:

overall positive

Results

Considerations

#### Work environment

Physical environment:

- Social environment:
- support and acceptance

Organizational environment:

for scoping review

accommodations

 difficulty hearing in noise increases odds of sick leave

from colleagues / managers positively difficult to obtain in workplace

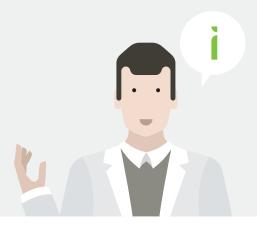
#### **Employment status**

More likely

- to be unemployed / partly employed
- to have frequent sick leave due to stress related complaints

## **Considerations for practice**

- It is important for hearing care professionals to understand hearing loss can impact various factors of well-being in the workplace.
- More research is needed on the interactions between the labor market and the work situation to fully understand the impact of hearing loss in working life.



\*Granberg S., & Gustafsson J., (2021). Key findings about hearing loss in the working-life: a scoping review from a well-being perspective, International Journal of Audiology, DOI: 10.1080/14992027.2021.1881628

