

Tips & worksheet to get ready for university and employment

COME PREPARED

The 3 P' S:
BE PRO-ACTIVE

STAY POSITIVE

Come Prepared

1. For most teens, the first and most difficult step toward this independence is acknowledging the realities of hearing loss. What are some ideas to get to know your hearing loss? _____

2. Know your rights: In university or post-secondary employment, you are responsible for ensuring your accommodations. Your university is legally bound only to supply those accommodations necessary to ensure that you are not discriminated against on the basis of your disability List two laws that protect you in university. _____

3. Choosing the right university: Do you want a small or large university? Do you want to be close to home or far away? How will you pay for university? What questions should you ask about disability services? What kind of documentation do you need in order to make accommodations? _____

Be Pro-Active

4. Get to know the administration or supervisors over your position. How might you do this? _____

5. Get to know your teachers or Job trainers. How might you do this? _____

6. Get to know your fellow students or co-workers. How might you do this? _____

7. Know how to solve problems and do it before they become major issues. Can you identify some common problems and ways to solve them? _____

Stay Positive

8. Your success in university and in life will depend on your ability to persevere. This is not to say, however, that you must do it alone!