

Advice from other teens with hearing loss

- When repeating something, don't talk louder – talk clearer.
- When you need to repeat something, try rephrasing and maybe then I will understand better.
- Don't call me from another room and expect me to answer or hear what was being said. If I hear something, it sounds like mumbling.
- Remember I am deaf or hard of hearing.
- Don't talk at the same time; try one person at a time.
- Don't be over protective because of my hearing loss.
- Don't try to limit my activities because of my hearing loss. If I want to do it, I will figure out for myself if it is too difficult.
- Be supportive of what I want to do in my life. Give me strength by believing in the dreams I have for the world.